

Suggested alterations for learners with autism

RED cards:

- Take tiny steps**
- Walk backwards**
- Turn around in a circle**
- Lay down on the floor**
- Wiggle**
- Pretend to sleep**

BLUE cards

- To mommy (or any other family member or guardian)**
- To the TV**
- To the dining room table**
- To the computer**
- To the stairs**
- To the bookshelf**

YELLOW cards

- On your foot**
- Touching your ear**
- Under your hat**
- Between your palms**
- In your pocket**